

WHO AM I



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*Anyone who is able to understand and
to accept the beauty, simplicity and
true interpretation of Being
as found in this Book, will
inspirationally feel as
if he had written
it himself.*

THE MESSAGE OF THE ABSOLUTE

The Answer

BEHOLD, it is I. I come to reveal YOURSELF TO YOU; and to give you Understanding.

To *you* who are still seeking to find the end of seeking, I come. I Am here.

Today, many are wondering why they do not accomplish more through their study and prayer. Reader, are *you* one of these? Do *you* ever question, Why does not God, the Truth, heal me *entirely*? Why am I not *quickly* brought into prosperity and success? Why must I wait *longer*?

To you, I come, I am here; and My reward is with Me.

In the Book of Hosea, eleventh chapter, ninth verse, there is found a simple statement of tremendous import to all, a premise upon which to establish understanding, as upon a rock which is solid and sure; absolute and supreme.

Here, in this verse, is given the perfect Answer to the age-long question — “Who *am I*?”

Listen! “I am God, and not man.” *I am God, and not man!*

When one is quickened to comprehend the depth and breadth of this statement, he has found the end of seeking and searching; he has come face to face with himself as he *really* is.

The question now is — *Who or what is the “I” which is God, and not man?*

If one believes this “I” to be located in the skies, he is deceived. Likewise, if he believes the “I” to be some Presence or Power outside or within himself, he is deceived. In any case, he is accepting the “I” to be one Identity, and himself another.

Verily, this is root of all sorrow, namely, the belief in two minds and two beings — God and man. Forever, the eternal Fact remains — *I am God, and not man.*

I — Who am I? The reason why one has not known the correct answer to this question sooner, and so found the true solution to the problem at hand, is because he ever thinks from the mistaken viewpoint that he is not the One Identity, not the One Life, not the One Being; but another being called *man*.

So long as one believes himself to be someone besides the “I,” *never* can he understand the Truth of Being.

Believing that he thinks, lives, moves and breathes, not as “I,” the one Being, but as another, he is without Vision.

Since I Am Life, I Am Truth, and I Am All; and since “I am God, and not man,” then it necessarily follows that man is not Life, man is not Truth, man is not “I.”

I — Who am I? I Am the Truth! I Am the Life! I Am the “I” — the only ME.

I — Who am I? I Am the First, and I Am the Last! I Am without a beginning or ending! *There is none else!*

Tragically enough, however, if one does not know and identify the “I” as the perfect Self, but with an assumed personality or mentality, he lives in mystification and ignorance. Assuming another identity, he becomes weak, sick, poor; and limited in every direction.

Moreover, his whole existence now becomes a *search* to find himself — to find Truth; to find love, peace and immortality. His one idea now is to *become* what he really is — to *become* strong and well, rich and prosperous, happy and satisfied.

Never, O never, can anyone truly realize his hope to be well and happy, prosperous and satisfied, so long as he identifies the “I” with anyone but Me — the One Alone.

I — Who am I? I Am one’s real and only Identity. I Am one’s true and only Selfhood.

Behold, I who speak to you Am the “I.”

True Identification

IDENTIFIED with man, instead of with Me, one's only Selfhood, unwittingly one is identified with personality, mentality, humanity, mortality. With birth, age, sin, limitation, death. With fabrication, fable, fraud.

"I am the Lord; that is My name and my glory will I not give to another." — Isaiah 42:8.

The name of the Self is I AM THAT I AM! The name of the Self is TRUTH! LIFE! I-AM-I!

Never finding sufficiency nor anything that is permanent or perfect in man, but, instead, continually finding ignorance, fear, limitation and every sort of trouble, one prays for help to an "unknown God," a supposed Being somewhere outside of him ... or else somewhere within him.

Verily until one extricates himself from the tangled web of fabulousness, and *comes to himself* — *comes to know the Answer to the age-long question, "Who am I?"* — never can he experience the wholeness, purity, freedom, harmony and bliss which he seeks.

Truly one's only release from the belief in material existence is to turn to Truth Itself, and from all that is contrary to it.

Therefore, begin now! Stop identifying the "I" with man: for he is not I, the Self, at all. Seek no longer to save, heal or redeem him! For so long as one in any way identifies himself with man, instead of with Me, the Life, Truth and Way, he is destined to limitation and incompleteness.

None is good, save one, that is, God. None, as man, can ever be Perfect, Whole or Complete. Seest thou this?

The secret of secrets, the pearl of great price is this True Identification ... Whom say ye that “I” am — God or man?

“Is there a God besides Me? Yea, there is no God; I know not any.” Is there a life, a mind, a being that is not *I*, but another? Is there a life that is not My life? A Mind that is not My mind? A being that is not *I*, but *man*?

Reader, are *you* identifying the “I” with man, image, idea? Are *you* identifying *yourself* with mentality, metaphysical student, reflection, thought?

Cease to identify yourself as anyone but the perfect absolute Selfhood! There is no I-man: there is only I-Self.

There is no I-imperfection: there is only I-Perfection. There is no I-image, I-idea, I-reflection. NONE WHATSOEVER.

Identified with I-Life-Truth, effortlessly, and in the twinkling of an eye, one may see himself to be That which he really is, and function as “I,” and not man ... as Mind, and not idea; as Being, and not student.

The Self is never man: the Self is ever I. Truth is never man: Truth is ever I. I Am never man: I Am ever I.

Man is the name given to appearances which I am not; nor could be. Therefore all attempts to purify or regenerate him will never satisfy, never free, never fulfil one’s burning desire to be the Perfect, the Real and the True.

Listen! There is but ONE God, ONE Self; ONE I; ONE Life; ONE Being. Therefore, for anyone to believe that he is *another* — such as image, idea, expression, man — is for him to be self-deceived ... and thus at the mercy of his own misconception.

To illustrate. Every time one seeks to change or spiritualize his thinking, he is unwittingly identifying himself with a *personal mind*.

Furthermore, every time one attempts to heal his body of discord or disease through some kind of thought or prayer, he is ignorantly identifying himself with *perishable flesh*.

So long as one ignorantly assumes the “I” to be where it is not, never can he find himself as I Am ... never can he find Wholeness, Immortality, Peace.

Therefore, I Am come! I Am here! Hear ye Me!

Finding Oneself

READER, from which position are *you* functioning ... from that of man, the individual or from that of the one I Am? This crucial question requires everyone's sincerest attention.

From the standpoint of the individual thinker, the seeker after Truth, one looks toward the Perfect; one seeks to overcome difficulties by the application of his knowledge of Truth. To this end he treats, prays, thinks, reads and studies, ever hoping to gain new light and understanding.

On the other hand, from the position of the one "I," ever aware of its perfect ideas and manifestation as the all and only, one knows that *Perfection is the everpresent Fact*.

Can you see that from the position of the individual, one can never become aware of Perfection or Infinity at hand, as all there is? Always he is continually striving; never arriving at that which he seeks.

Dear Reader, do you long with all your heart, soul and being to function in and from the perfect state, and *be the perfect Consciousness*, thus leaving the false assumptive position forever? Then listen closely. Such prerogative is *yours*, and your destiny is to fulfil it. Draw a curtain now between you and everything which keeps you in the position of an individual looking toward the Heights. Such steps pave the way, but finally one must look out from his position as the One, instead of looking up toward it.

Just how shall one leave the position of man, the seeker, entertaining beliefs of limitation, discord, imperfection, difficulty, to take that of the I Am, to whom no such consciousness is possible?

Verily, verily, one cannot function as the “I” through any particular process of thought, either mental or spiritual; nor through any longing, no matter how intense. There is absolutely no way for the individual thinker to be transported or translated into that of the Self or I Am.

Why is this so? *Because the position of an individual thinker is not a true one;* so long as one remains here, attempting by any process of thinking, treatment or behaviour to arrive at the Self, his efforts are futile and in vain.

When one reaches the point where he is compelled to renounce all effort, seeing the utter futility thereof, then within this total negation the light dawns, the self stands revealed, and spontaneously exclaims, I Am come, I Am here.

Assuredly, so long as one believes he is one of many individual thinkers, he cannot function in the One Selfhood. Thus, there must come a *reversal* of perception, which is — I am not in any personal consciousness, I Am perfect Being; never have I departed from it, nor need I return to it!

No book nor illustration shall be sufficient to cause one to make the transition from the position of bondage to that of freedom; from that of personality to that of the Self. At some point there must come a Revelation or illumination which will give him the necessary insight and understanding that he is not a separate thinker at all, and has never been other than what he eternally is — *the I Am Truth!*

Countless numbers today find themselves en-route on this special path or that one; climbing this ladder, that one; in fact, using any means that might suggest transport from where they seem to be to where they wish to go.

However, not until one is disillusioned, discovering that no path will take him, no means deliver him, no thinking bring him to his goal, no behaviour unveil the mysteries, is he ready to lay down his life as a personality or seeker for Truth, to receive the illumination that *never have I lost nor left my true place or position. Lo, I and the I Am are one.*

It is expected that as one treads the various paths supposed to take him to the place of the I AM, he will become disillusioned, for he will find that these paths are NOT the Way. This very disillusionment will then promote his awakening, so that he arrives on the instant, declaring, I am Here! I am Me! I have never been otherwise! I, my Self, am the Way!

Inevitably, so long as one is engaged in looking, his search is perpetual and endless. Yet the looking is not altogether fruitless if he comes finally to the place where he completely surrenders all effort, struggle and search. At this point of his extremity comes his great opportunity. Like a man waking from deep slumber, his eyes open and see, his ears are attuned and hear, his integrity is restored, and he knows the Truth — *I am That for which I searched ... I am That I am.*

How utterly impossible for anyone functioning in the dream of personality to ever know the absolute Truth from this standpoint! Regardless how he desires to become Perfect, he cannot do so: for how can anyone, believing he is another being, in another place, ever find himself where he actually is?

Holy ground is always under one's feet; but until he functions *in and as the Self*, he personifies the unreal and untrue position of a separate personal thinker. Only in his true estate as the one "I," can he ever experience the Perfection, Power and Glory of Being.

Here, to the illumined Self, Perfection is established, and at hand. Verily, only in the true position as the illumined Self, shall one experience THE PERFECTION OF BEING.

Totality of The Self

TRUTH is not another being with whom you are to seek union, oneness or at-one-ment.

Seest thou this? True instruction has but one Answer
— I Am the Truth! I Am Me!

As an *image*, what can you do or be? As a *reflection*, what can you think or say? As a *student*, when shall you ever arrive? As a *teacher*, when shall you ever know? As a *follower*, when shall you ever become? Verily, the blind lead the blind; both to fall into the ditch which they make.

Thou shalt have no other gods before Me! No other instruction. No other leader nor teacher. No other way. I alone am the Truth. I alone am the Way. Worship nothing and no one but Me, the one and only Me.

All the while one seeks for Reality, Heaven, Peace, all the while he labours to become healthy, wealthy, wise, he is the Perfect right where he stands ... yet knows it not. He needs to lose ignorance, darkness and deception. Then he awakens as from a dream, to exclaim, "There is no road nor path to Perfection. The Self is here and now; and alone."

The only paradox is ignorance. Believing himself to be another, not the one he really is, one sets out on an endless journey to find himself. Of course, on his journey he is never farther away nor nearer. At any moment on his travels he can say, "I need go no further; I am here."

Quest and search have no end until he who seeks finds the One whom he is seeking to be *his own Reality, his very own Self*.

Where is the master? Where is the student? Where is the teacher? Where is the disciple? Verily, they are no part of Me, the Self. They all pertain to man.

Is the “I” located in India? Is the “I” embraced by some particular church, organization or doctrine? Where is the “I” found? *The “I” is found only in “I.”*

Some may say, “I am not yet the “I.” I will be when I realize it ... I will be when I make union with Christ; or demonstrate over my problems.”

The Voice of Eternity reverberates — “*I never knew you.*” With or without any proof; with or without any demonstration; with or without any overcoming — I AM THAT I AM.

No seeking nor searching in the wilderness of man will ever be enough to find me. No personal surrender or renunciation will ever be enough. No personal demonstrating or tarrying will ever be enough. No personal spiritualization or regeneration will ever be enough.

Lo, there is not enough of all the devices under the sun, nor enough of all the inventions of the human thought, to satisfy the craving for enoughness, except — *I Am I.*

Therefore, think it not sufficient to be at-one with Me, nor value at-one-ment as your goal. *There are not two of us.* There is but ONE I or Us; ONE Selfhood. This is TOTALITY ... ALL.

I Am the reality of the one called “Mary.” I Am the reality of the one called “John.” I Am here. I Am there. I Am everywhere the same. I Am the Infinite and Universal. I Am TOTALITY ... *I Am All.*

The Self Alone Is

HOW ignorant and foolish, any attempt to acquire or obtain one's own Self! This Self is *ever* present ... This Self *alone* is.

If the Self were to be attained, then it would be absent now, and in this case Truth would need to be created — an absolute impossibility.

Ask yourself, Who am I? “*By thy words thou shalt be justified, and by thy words thou shalt be condemned.*” — *Matthew 2:37.*

It may be said — “I am here, seeking right thoughts and right judgments in an entity called man, image, expression. Daily I strive to do certain systematized thinking, so that it will demonstrate for me; but often I become weary or tense; and discouragement results.”

Or perhaps, it is said — “I am a student, continually striving and struggling to obtain what I know I should have. I yearn to achieve my good, to attain or possess it. I look, but never find enough. I seek, only to discover that nothing at all is permanent here. At the end everything lacks permanence; everything ends in death and separation.”

Still another may say, “I am earnestly trying to become at-one with the Christ-Mind. I try hard to live in harmony with God. Sometimes, I call out to Him as though He were afar off; again, I seem to feel Him close at hand, within me. O how can I contact Him so as to be well and strong, happy and prosperous, *continuously*; to be unafraid, free, full of power and glory *right now*?”

Dear Friend, do *you* ever ask such questions, and have *you* now any such longing and desire?

Lo, I come! I Am here, the One you seek. “Closer am I than breathing; nearer than hands and feet.”

Listen closely. The mistake from the beginning, and until now, is to identify the I which is Life and Consciousness with another being called man.

Really you are not separate, apart from Me, nor other than I Am. Aware of the truth of Being, you can say — “I am the Truth *now*. ”

Yet, until you see this to be so, and identify with Me, not with man, never can you think as I, feel as I or experience as I. So long as you believe yourself to be *another*, and not ‘Me,’ you place a veil, as it were, between you and your Reality; thus your experience becomes imperfect and incomplete.

For instance, while you call yourself a *metaphysical student*, a follower of some particular personality, a *seeker* for light; while you think of yourself as an *image, idea, reflection*, you are in ignorance of yourself as you really are.

In darkness one cannot see truly; in sleep he is not aware of things as they really are. Operating in self-deception, one fabricates another entity which never belongs to him at all. It is this false identification which is the root-cause of all discord and sorrow.

You can say “I,” can you not? This “I” is pure Consciousness, and *not* any image at all! This “I” is the very Truth, and *not* student! This “I” is the God-Self, and *never* idea, man or reflection.

The Self is HERE and Now — THE ALONE.

Wholeness, harmony and perfection are ALREADY complete and finished in this perfect Self and Being. Therefore, why not believe?

In the false assumptive position which one ignorantly takes, nothing is ever permanent nor complete. Here, there is, and shall ever be, constant struggle and strife, longing and lack. Yet, right where one is, is his deliverance, if he but *renounces* the false identity he has assumed, and joyously identifies himself with the true Self alone.

“As for man, his days are as grass: as a flower of the field, so he flourisheth. For the wind passeth over it, and it is gone; and the place thereof shall know it no more.” Ps. 103:15

Let God be true, and every man a liar. Let God be your only Identity; for the man-position is a lie from its beginning.

Behold yourself as you *really* are — the Perfect, and not the imperfect ... the Free, and not the bound ... the Sinless, and not the sinful ... God, and not man.

Never is the Self man ... Never is man the Self. The Self is ever I ... I am ever the Self.

Self-Realization

THERE is but one I or Us. To you who read — Are you identifying yourself with this I or with *another*?

For instance, are you identifying your *thinking* with the perfect Self or do you claim identification with another mind which you hope to spiritualize in order to have more prosperity in your daily living?

Do you call yourself a Truth-student, but not the Truth itself? A follower of the Light, but not the Light itself? Emphatically and undeniably, one's true identity is not with student, but with TRUTH. Not with I-shall-be-when-I-become, but with I-AM-Now. Not with at-one-ment, but with I AM I. Verily, to deny this is to assert a Selfhood apart from God.

To label oneself student, follower, reflection, is to remain in ignorance; and so to perpetuate self-delusion — virtually, to deny Me. *For I Am none of these!* Seest thou this?

Why expect as an idea or expression to accomplish anything that has not already been established in your real Identity and perfect Selfhood?

Truly, the crucial question for each to answer is this: With whom am I identified? Whom do I call myself? Reader, do you see the grave difference between a seeker of Light and Light itself? A seeker seeks because he believes, I-am-not. Light knows, *I Am*.

Be still, and know that there is no identity but I AM I.

It is written, Jesus identified *himself* with the God-I. Moreover, he told us to keep his sayings, and follow him, promising, “Where I am, there ye may be also.” As long as one identifies himself with manifestation, man, he can never bring himself to say and know, *I Am the Light of the World*.

Cease your endless quest. The time is at hand. The hour has come for *your* awakening.

Take My Name upon you. Learn of Me, and have no other instruction before you. Consider Jesus, the Light of the Bible. Did he teach that he was a student, idea, reflection? Emphatically, No. Did he teach that he was individuality, man? No! Then why follow any other teaching?

Lovest thou Me more than these — more than any of these contrary teachings? If so, then speak aloud — I am the Truth, not a student ... I am the Light, not a seeker ... I am I, not a follower ... I AM THAT I AM, not man nor expression.

Make yourself heard wherever possible!

Whosoever will; let him come. Come and identify with Me, and with Me alone. Call no other your Self. Call no other your mind, thought, body, world. I am ALL of you. I am your ONLY Reality.

Preach the Truth as I. Speak the Truth as I. Know the Truth as I. Is there any Way other than “I”? I know not any.

Seek no further for a way to Me, for whilst you seek for Me, you are turning from Me. Whilst you look afar off, you cannot see Me. Whilst you think, you cannot hear Me.

Cease, cease your looking-seeking-thinking-striving to become what you *are*.

I, your perfect Self, am never absent nor distant from you. I never fail. I change not. I am the Able-to-do-all-things. Nothing is impossible to Me. All power is given to Me in Heaven and in earth. Verily, thou canst not be another!

“I, I, I, I Itself, I.
The inside and outside, the what and the why;
The when and the where, the low and the high,
All I, I, I, I Itself, I.”

Dear Reader, can you see now that one should not presume to separate the I AM into parts, or distinct entities, calling one Mind, another Spirit, another Life, and so on? I AM one complete and indivisible Whole.

Not yet aware of the importance of this spiritual demand and prerequisite, unwittingly one places attention upon *divine Mind*, for instance, as the Source of true and right thinking; *Life*, as the Source of immortality; *Spirit*, as the true Substance, and so on.

Even such high vision as this veils the Majesty and Sovereignty of the Self.

Does the Self say, I have perfect Mind, I have perfect thoughts, I have perfect expression? What does the Self say? The Self says — I AM THAT I AM — ALL.

Does the Self say, Worship Mind; worship Spirit; worship Principle; worship Consciousness? The Self knows — I am Self-complete; I am Self-contained; I am the indivisible Whole.

For instance, a rose has petals, but do we give attention to the petals or to the rose? Naming the *Self* — *Principle*, *Mind*, *Spirit*, and then directing attention here, prevents the full and complete vision of the Self as ABOVE ALL, consequently often delaying one's experience of complete harmony and freedom.

When one has a rose, he has all the petals also. Similarly, when one is identified with the Self, he identifies himself with Mind and Principle as well.

Verily the Self, as the Whole, is Omnipotence, Omniscience and Omnipresence. Self-contained ... indivisible ... Self-complete.

“If I Be Lifted Up”

BELIEVE no longer, I must overcome; I must demonstrate; I must pray. Identify yourself with Me, and believe, I am Perfect; I am Free; I am Divine.

“I, if I be lifted up from the earth, will draw all men to Me.” — John 12:32.

Do *you* yearn for Me? Do *you* look and search for me? The place whereon thou standest is where I Am. Say not, I am thinking, working, labouring to become. Say, I Am come; It is I!

Lift up the “I” as the First, and the Last. “I” am the Light and the Effulgence. “I” am the Promise and the Fulfilment. Ever “I” am yours, and ever you are Mine. Ever you are “I”, and ever I am All.

I — I decree, and it comes to pass. I — I ~will extend peace like a river, and glory like a flowing stream. I — I have not gone nor have I come. Ever I Am without beginning or end.

“I am the Lord, that is My name, and My glory will I not give to another.” As in light there is and can be no darkness whatsoever, so in Me there is and can be nothing physical, nothing human, nothing mortal nor perishable whatsoever.

If I be lifted up from the earth, the Red Sea vanishes, and dry land takes its place. Neither can any Jericho walls withstand Me. Nor can age, war, limitation or death associate with Me.

I give you health. I dry your tears. I fill your purse. I give you peace. Whom have you in heaven but Me? And there is none upon earth to be desired but Me. Your flesh and your heart faileth, but I Am the strength of your heart, and your portion forever.

The fact is — “I” and your-Self are identical. There is no difference between Me, your-Self and the Truth.

Are you reading and talking about the one divine Self, yet associating with *another* self to be spiritualized or redeemed? Answer thou Me. How can you hope to ever reconcile such incredulous contradiction and inconsistency?

To the extent that you cease to falsely identify yourself with another, you will find yourself to be I alone.

I, blessed, majestic Self! I, mighty, glorious Self! I, all satisfying, revealing Self! I, all-perfect, free Self!

There is no Teacher, Revelator, Light, but I, I, I. There is ONE King of kings, ONE Lord of lords. This is I, I, I.

Greater than the force of all human thoughts and words, mightier than the control of all powers, occult or mental, is My Supremacy and Omnipotence ... *one's very Own.*

Attainment is not to be attained. Attainment is I. Perfection is not to be earned nor achieved. Perfection is I. Purification is not to be developed. *Purity is I.*

Therefore, dear Reader, can you see how foolish for anyone to believe that the surrender of his personal impurities or imperfections of mind, body or affairs, shall enable him to achieve the harmony and purity of Being? Never will any form of sacrifice, prayer, treatment or device deliver the purity, goodness and wholeness which one so constantly craves.

Why is this so? Such craving is the result of the age-long mistification, the mistaken conviction that one is man, and not I. Only enlightenment and true identification can free from such dark pools of ignorance.

Only “I” satisfy. Only “I” fulfil. Only “I” am the Great Answer.

Listen! Deliverance to Purity, Goodness and Wholeness cannot be accomplished by way of any mental attainment, acquisition or achievement of any kind. Neither shall any powerful emotions, renunciations nor silences be sufficient to bring forth or to pass that which has been established, and is finished forever and for eternity.

Lift up the “I.” Seek Me no longer amongst dead practices, outgrown teaching, ritualistic religious ceremonies. *You can find Me only as I Am!*

I Am the Unconditioned ... I Am the Unlimited Absolute ... I Am one’s very Own.

Fidelity

LOOKING to God as in the sky or as some other Identity without or within, prolongs one's journey in a far country ... and thus postpones his deliverance, freedom and Self-realization.

Only I Am the Way. Who Am I? I Am the I of you. I Am the Heart, Soul and Being of you. As you cease looking to any other god, and look to Me, the I of you, as your only Saviour, your only Deliverer, then you shall have whatever it is you are seeking; whatever it is you desire; whatever it is you should have to be happy, to be free, to be secure.

Supreme, unconditioned, peerless is the "I" of us all. Verily, the "I" is the Christ, the Saviour, the King of Kings, and the Lord of Lords. The "I" is Reality eternal.

I! The Identity which is all! which is Self-complete, Self-effulgent, Self-contained. I! The Teacher, the Deliverer, the Giver of all good. I! The Father, Son and Holy Ghost. Yea, I Am all these things. I Am the Reality of all true Life and Being.

O worship the I, the Self of us all. Who or what can ever satisfy our longings and still our cravings but I, the God-I? Who or what can lift out of dark places and bring to secret heights but I, the God-I? Who or what speaks in the still, small Voice, softens the heart and mellows the feeling, but I, the God-I?

You who are looking to body, to thought, to mind; *you* who are looking to teacher, to church, to book; *look now to your real Self, the God-I*, and here you shall find Completeness, Perfection, All, even as in the forever.

Only to the extent that one accepts and receives the Truth of Being — that *Oneself is the God-I* — shall he possess the Kingdom prepared for him from the beginning of the world. None can rightly lay claim to it in any other fashion.

My Self is my Inspiration, my Illumination, my Revelation and Light. My Self is Self-revealing, Self-supplying, Self-contained and Self-complete. Look not up, out, nor in. In one's own Reality, he is none but I, the God-Self, I.

Is there any body, is there any thought, any mind, any self but the perfect, all-glorious Self-hood of us all? Then why consider any other body, any other thought, mind or self?

Look to the One alone as ALL-IN-ALL ... above all else ... supreme over all ... Omnipotent, Omniscient, Omnipresent.

A new Day, a new Order of life has come, and is here. Let the dead bury their dead, but look thou to the perfect Self *as your very Own*.

For all those who are ready and willing to put away that which is imperfect for the Perfect which is now come, the finished Kingdom is at hand ... the Realm of the promised Land, is *here and now*.

Certainly, "*Of that day and hour knoweth no man.*" I may appear to come as a thief in the night, yet I Am ever with you ... and will never leave you nor forsake you.

Identify yourself with Me and you shall know Peace and Harmony, Inspiration and Light. *Why wait longer?*

The One All

THERE is but ONE God; ONE Life; ONE Being; ONE I Am. There is but ONE Body, ONE World, ONE Experience. The ONE IS the Real, the Perfect and the Eternal.

There cannot be I-Reality and I-unreality; I-Perfection and I-imperfection; I-Life immortal, and I-life material.

Truly, the I-Reality, I-Perfection, I-All, is the ONLY I that I AM.

Reader, ask yourself — “Do I consider *myself* this “I” or not? From morning till night one says I, I, I. With what I is he identifying? With I-Wholeness-Harmony or I-sickness and limitation? With I-Creator or I-creation? With I-Divine-Consciousness or I-mentality?

Thou shalt have no other gods before Me. Thou shalt not identify thyself falsely, or with the entity *man*. Thou shalt not believe that thou art other than I, the one and only Selfhood.

Since there is but ONE “I,” ONE Life or Being, then for you to be at all, you must be this, and none else. Thou shalt not assume thou art another besides Me. Thou shalt not seek for Me, for I am your very Reality, and only Self.

Nor shalt thou attempt to become like Me, for I am the *Only* — *thou canst not be another*.

He who fails to understand his real Self-hood, falsely creates to himself another being, another mind, another body called man. Then, here in this darkened place, he attempts to heal his body of flesh, and redeem his mind of wrong thinking. Continually he labours to bring about in his world the lasting peace, love and harmony which belongs to him *only* in his true estate and real Being.

Never can anyone by taking thought put on the qualities and virtues which I Am. Who is sick, who is poor, who is at war? Not I, the true and perfect Selfhood. Therefore, all imperfections, frailties and incompleteness pertain to man *who is not*.

As another besides Me, it is absolutely impossible to have pure and true thoughts; to be perfect or complete. Seest thou this?

Ever I call — “Put away all false identification, and take My name upon you: for truly I am your only Reality. Look to Me as to your-Self; and look to your-Self as to Me.”

Inevitably, then, you will lose the false consciousness of us as ‘two,’ and will find your true Identity to be ‘Me,’ even as the divine Self who says, “He that hath seen Me, hath seen the Father.” The Father is the one and only Selfhood of all. Thus, I and the perfect Self-hood (Father) are one.

Stop thinking and believing that you are anyone but Me, for I am the only Real of you ... All else that you see is not true, and appears only because you are not thinking and seeing as “I,” but as another. Renunciation of the false assumptive self is your only true surrender.

My Name, My power, My glory, My perfection, My Selfhood shall I not give to another called follower, student, image, reflection, man! Therefore be I, and none else. Outside of Me you cannot be. The world of time and sense shall vanish ... there shall be none but Me, the one Reality, the one Entire.

Self-revelation is one's highest goal. When he discovers that the perfect Self is the only Real, then his search for the truth of Being comes to an end. After this, it is not a matter of search but of expansion.

The Self is our Way, the Self is our Kingdom of expansion. Self-revelation is our greatest and most precious joy. It can be constant too, since it is natural and innate.

The one obstacle in anyone's way is false identification. Believing one has a separate mind, for instance, leads to another false assumption, that this mind needs to be redeemed, corrected, spiritualized or improved.

To this end one labours with thoughts and ideas continually, ever battling with depression, heart-ache and disappointment; since all the thoughts he aims to acquire never prove adequate nor enough.

Knowing nothing greater than right thoughts to be desired, however, one persists in affirmations and declarations *about* the Truth. Happy indeed could the moment be if he would but accept defeat, insufficiency, failure, for then, in this place of total negation — man's extremity — SELF-REVELATION would take place, and he would report the experience of a miracle.

But alas! Few come into this necessary place of surrender and denial. Most often, apparent defeat or failure but spurs one on to use even more powerful statements; and he endeavours even more determinately to succeed in the surmounting or overcoming of the hard places in his experience.

All effort is bondage! The basic error is the erroneous teaching that one is ideas, expression, man, instead of operating in the Christ-Consciousness, which gives no such instruction whatsoever.

One's full power and supremacy lie within his own Selfhood, eternally established, intact and at hand. Thus, inevitably, the mind, body and entity called *man* are to be lost sight of altogether, for they are altogether untrue and unreal. In Self-revelation they are non-existent.

*“He shall fly away as a dream, and shall not be found:
yea, he shall be chased away as a vision of the night.”*
... *“Thou carest for no man.”* ... *“Every man walketh in
a vain show.”* When the ignorance whereby the false
identification is made, disappears, only the Self is.

Be Still And Know

LAY aside longings, yearnings, struggles and strife. Search no longer. I Am here. I Am the *only* perfect Answer to your quest. *Be still, and know that “I” am God.*

I Am not one, and you another. Be still! Leave all for Me ... your own perfect Self and Being. Let go all hindrances and obstacles ... all other instruction and teaching.

It is I, your-Self who answers your prayers. I, your-Self, am your Deliverer, your Saviour, your Source of every good. Who is so close to you as I, your-Self? Who loves you as I, your-Self. Who guides and takes care of you as I, your-Self?

To Me, there is no past to be remembered; no sins to be blotted out; no dark places to be exposed and surrendered. I, the Supreme and Eternal, see nothing but Myself, and My own radiant glory.

Who convinceth Me of sin? Yea, the darkness hideth not from Me, but the night shineth as the day. The darkness and the light are both alike to Me — light is all I see.

Look away from personalities; look away from physical or mental remedies; ways and means. Why beg or plead? Why make use of vain repetitions or emotional exercises?

For instance, stop searching or looking for *health*. Health is never to be found this way. Health is not afar off, nor can it actually be found anywhere except where it is. Health is not the result of *any* prayer or treatment; nor indeed of any mental action whatsoever. I Am your health. I Am your wholeness, without variableness, neither shadow of turning.

To assume health to be in any way connected or associated with mind, thought or body, is the fatal error of the ages. Indeed, this false assumption consumes time, effort and constant study, only to finally end in failure and defeat.

Only when concern with this trio fades entirely out of consciousness shall the Self remain supreme in all its Beauty, Splendour, Loveliness, Harmony and Immortality.

Be still and know that I am God. Release yourself from all concern. *Take ye no thought. Be absent from the body.* Have no thought what you shall think, eat or do to obtain healing for your body.

How wonderful and supernal the Self, not thinking in terms of mind, thought or body! As portrayed in Genesis, even Adam was innocent of sin until he thought of his body.

Be still and listen to this: Even to practice honesty, purity, loving kindness, in fact, goodness of any kind, is not the highest practice, nor the perfect Way. Why is this? Because such practice pertains to man. Always man shall be inadequate, imperfect, incomplete. Regardless how he struggles and strives to make himself perfect, never can it be accomplished.

What has a human mind to do with the Truth? What have all efforts to change or heal the body to do with the Truth? Hear ye this — The Truth is what you ARE, and not what you are striving to make yourself!

All desirable and perfect qualities are native to the Self. Yet these shall never be experienced in their glory until one identifies himself with *the Self*, and no other. Any effort to get rid of a mortal mind will never solve the problem of being. *Disassociating oneself from the age-long belief that he is another, and not the God-Self, will prove the divine solution ... the Supreme Reality.*

You may have heard the advice to “still the human mind.” I say to you, never can the human mind be stilled. The human mind is a fabrication, seeming only because one fails to identify himself with Himself.

The so-called human mind cannot be stilled either in a human or in a spiritual way; and every effort made in this direction will continue to prove futile, so long as one believes it to be an entity to be controlled, manipulated, stilled or dominated in any fashion. The instant one associates with it, he believes in it, thereby giving power to that which has no existence at all.

Should one, then, ignore it or seek to transcend it? Emphatically, No. Any such endeavour but perpetuates self-deception, holding one that much longer in ignorance and bondage.

The one way to still the human mind is the Self-Way, that is, to know *there is no such thing as a human mind to be stilled, to be conquered, or to be overthrown*. Any belief in such an entity subjects one to confusion and argument so long as the self-deception lasts.

*Give up the lie that you are another, not the One!
Give up the deception that you are man, not God!
Detach yourself altogether from such belief!*

BE STILL AND KNOW — I AM GOD — AND NOT MAN.

Stir Up Thyself

WHEN one identifies himself falsely, it is as though he placed a veil or mist over Reality. This veil or mist can be penetrated and removed only by following the Christ who unfalteringly declares, I am the Truth ... I am the Way ... I am I.

“Stir up thyself, and awake!” — Psalm 35:23.

Accept the stirring up if you need it. Mental sleep, darkness, ignorance, all these must and shall go, to the extent that one ceases to identify himself with anything or anyone but Reality, the indivisible, perfect Whole.

“Now that which decayeth and waxed old is ready to vanish away.” — Hebrews 8:13. The questions for each to hear and answer are these, — Am I ready to let it be done? Can I take it? Will I turn from all teaching but that which agrees with Christ, Reality, Truth, which *instructs* — *“Keep my sayings ... Follow Me.”* Whole-heartedly, determinately say and know — I am the Light of the World ... I am the Self-Revelation ... It is I.

Verily Jesus rent the veil of the temple in twain as he identified with the High and Mighty One from Eternity. No power nor might of man could withstand him ... for he saw and knew that there was no difference between himself and God; between himself and I AM THAT I AM.

The knowledge and language of the “I” is the new tongue. Reader, Will *you* take it? Behold, “I” give power to the faint ... “I” make a way in the wilderness ... “I” have a way no man knoweth ... “I” will set you up on high ... “I” will wipe away all tears; all fears; all obstacles and obstructions. Who is so great a God as *our own Selfhood?*

Therefore, I look, and I behold! I take, and I receive!
I come, and I believe! I stir up myself, and shout from
the top of the mountain!

It is I, be not afraid. It is I, be ye perfect. It is I, come
to Me. Attend to My words. Be Me, and none other.

I Am the Christ, the Saviour and Redeemer. I Am the
Light, the Way, the Instruction. I Am Self-revealing,
Self-effulgent, Self-contained ... The All-Sufficing
One, and Only.

Every good and perfect thing is of Me. Supremacy,
Omnipotence, Sovereignty, all are Mine. I am the “I”
which is Consciousness. I am the “I” which is
Principle. I am the “I” which is Spirit, Life, Truth, All.

Man is not a shadow of Reality: for Reality is all, and
has no shadow whatsoever. Man is an illusive, false
state wherein one says, I am sick; I am poor, I am
miserable; I am in limitation and bondage; I am in need
of purification, regeneration, light and resurrection.

Jesus, the Christ, transcended the light received by
Moses who believed and taught that we are man, the
image of God. Jesus knew his and our identity to be
GOD, and not man. Ever he proclaimed — “I am
from above ... I and my Father are one ... Follow Me ...
Keep my sayings.”

Verily, this crystal light discloses what it means to be
“born of *God*” — “*Whosoever is born of God doth not
commit sin: he cannot sin, because he is born of God.*”
In the transitional state, or until one clearly beholds
himself as I Am, he may pass through many steps from
glory to glory. Finally, all steps in realization must
and shall be swallowed up in the crystal Light, I AM
HE ... I AND THE SELF ARE ONE.

The true Self is not made up of resurrections or regenerations. Nor can anyone arrive at his true Self in any such way, since Truth is not the result of any kind of words, thoughts or actions. Truth cannot be earned, achieved, bought or won.

No journey can take us to that Place where you wish to go; no book; no church; no person; no exercise; no thing. It is imperative that you see this to be so.

How can you obtain that which you ALREADY have?
How can you be anyone but the ONLY One there is?
For this reason, Jesus declared, "I am the Way."
Oneself is the Way. The way is in and of Oneself.

Stir up thyself, and awake!

The Quickening Spirit

WITHOUT Spirit, the people perish. Without Spirit, the churches perish. Without Spirit, the nations perish.

The word without the Spirit is dead. Power without the Spirit is dead. Thoughts, prayers, treatments, without the Spirit are dead.

“It is the Spirit that quickeneth.” Verily, verily, that which quickeneth is the Spirit; nor can anyone be quickened without the Spirit.

That which maketh alive is Spirit. That which vivifies, inspires and illumines is Spirit. Spirit enlivens, empowers and enthrones. Spirit is Life, and Life is Spirit. I am Spirit ... Spirit is I.

The natural man — he who believes himself to be a person or individual — receiveth not the things of the Spirit of God: for they are foolishness to him. Asleep to his true Identity, how could one ever be expected to know the things of his real Selfhood?

Neither can he know them, because they are spiritually discerned. Surely, only as one identifies himself with his real Being can he ever understand that which is true; and that which is false. Wakened from ignorance, and functioning in one's true Being, one ever is, and has, the Mind that is God.

Identify with Me, and Spirit is at hand. Identify with Me, and light and revelation are at hand. One's true Self and Being is verily the quickening Spirit.

“The letter killeth, but the Spirit giveth life.” What is the letter that killeth? Vain repetitions; thoughts that are not My thoughts; practices that are not My truths; doctrines, systems, creeds that are not identified with Me.

How can one hope to be receptive, inspired or aware unless he is in the Spirit? Why expect to experience peace, security or happiness unless one is in the Spirit? Why hope for a happy home, or a life of harmony and companionship with loved ones, unless one is *living* in the Spirit and *being* in the Spirit?

Indeed, what are the riches of Life but to THINK in the Spirit; LOVE in the Spirit; WALK in the Spirit; WORK and REJOICE in the Spirit?

When one is *in the Spirit*, he is spontaneously in rapture, in glory, in light and understanding; in faith, trust and confidence. When is one in Spirit? When he identifies with Me, and ceases identification with the flesh, and the things thereof. Spirit is located neither there nor here, neither without nor within, but is my-Self, I.

How then shall I prosper? How shall I succeed and make good? *Only by the quickening Spirit.* How shall this come to pass? Put away the thought, “I am not in the Spirit. I must take thought to be in the Spirit.” The fact is, Spirit is one’s VERY Self and Being, at hand.

Spirit divine! Mighty Spirit! Luminous Spirit! Spirit which gives; Spirit which forgives. Spirit which creates; Spirit which sets at naught.

Often, it is said, “Get the Spirit of the thing.” ... “When the Spirit moves me, then it will come to pass.” Yes, these thoughts are based upon fact. Spirit lifts up. Spirit guides and directs. Until one is “in the Spirit,” *in the Understanding*, he is virtually without hope, without ability or power of accomplishment.

Right now, just where one stands, without moving hand or foot, he is as close to Spirit, as near Truth, as one with God, as he can be should he seek and search the world over.

Where am I, the eternal One, the Able-to-do-all-things?
Where am I, the great Eternal, the everlasting Saviour,
Emancipator, King? *Wherever one is, there Am I.*

If one travels to India, I Am there; and if one remains at home, lo, I Am there. I Am wherever one is. It am not outside nor am I within; but closer even than this.

I am not one Being, and he another. I am not the Truth, and he the student. I am not the Saviour, and he the sinful. I am not the Creator, and he the creature. A thousand times, No!

There is but one I or Us. Lay aside the false belief that you are any other. Turn to Me as to your-Self; and turn to your-Self as to Me.

I am not in the skies that you need shout for Me to hear you. I am not some intangible Presence, unlocated, unnamed and unknown. Cease your weary looking, your toilsome, heartbreaking efforts to find Me. Pronounce the words — “I AM ... I AM THAT I AM ... I AM I” — and you have found Me as and where I Am.

It is I who say to you, *Arise and walk! Come forth*’ It is I who make all things new. I make the crooked straight. I cause the valley to blossom as the rose. I restore the years that the locusts have eaten. I never leave you. I am with you always.

I always hear. I always answer. I always fulfil. Never am I limited nor restricted in any way. Never am I afraid nor unprotected. Ever, I am secure. Ever, I am immune ... *There is none beside Me; I know not any.*

Say with Me — I am perfect; I am whole; I am strong; I am rich; I am unlimited; all things are Mine. Say with Me — I am happy; I am free; I am joyous; I am glad. Contemplate just ONE “I” — the I that is Spirit, the I that is Perfection, the I that is Author, Lord, Self, the I which is the indivisible One.

Sin, sickness and all forms of limitations and incompleteness are bound to continue to appear so long as one identifies himself with a being other than I AM.

Yea And Nay

THOUGHTS or ideas no matter how greatly important they may seem, if identified with an assumptive mentality, are meagre, infantile lispings, compared with the thoughts and ideas of the Self, who is here and now, and alone.

“Let your conversation be Yea, yea; Nay, nay: for whatsoever is more than these cometh of evil.” — Mat. 5:37.

For instance, How can one ever hope to think true and perfect thoughts without first of all identifying with That which is pure and perfect Consciousness? How can one ever expect to be free, to be in peace and prosperity, without first of all identifying with That which is Spirit, the only Real and Eternal?

As the Self, one does not need to overcome nor demonstrate over this or that affliction or limitation. Identified with the perfect Self, one need not repeat systematized formulas or meditations, go into silences nor enter into any emotional practice whatsoever. That which is, IS; and that which is not, CAN NEVER BE.

I, your perfect and divine Self, am ever present. Believest thou this? Then identify yourself with *Me* altogether, and with no other. *Why* not give your whole attention to *Me*, your true and only Selfhood, instead of attempting to fix over or in any way change the imperfect entity which you are not?

“That which is born of the flesh is flesh; and that which is born of the Spirit is Spirit.” If one continues to identify himself with humanity, mentality, mortals, how does he ever expect to come into identification with that which he really is? *Never* can these two — Spirit and the flesh — be reconciled. One is Reality and Truth; the other is unreality and falsehood. One is ALL; the other is naught.

These two — God and man — represent Reality and dream. These two represent the true Self and the personal. So long as one says *Yea*, to the personal, he is deprived of knowing and experiencing the Self which I Am. So long as one functions as the personal — pleading, imploring, affirming, denying, ever seeking to become at-one with Another — he is as one blind, and cannot see.

From Eternity, you are destined to KNOW THYSELF. Eternally you are destined to say, *Yea*, to the Self, and *Nay*, to the personality; you are destined to *take* the One, and *leave* the other.

Reader, are you now fulfilling your destiny, saying, *Yea, yea; Nay, nay?* Furthermore, are you aware that *whatsoever is more than these cometh of evil?*

Knowledge is possible to one, only because in reality he is the Truth. Healing is possible to one, only because in reality he is the perfect Self. Awareness is possible to one, only because in reality he is the Self-revealing Light.

Does one ask, “How then shall I demonstrate the Truth? This very instant, you, the Self, are the Truth and the demonstration thereof. Shall it take you more years and ages to come into the understanding that I Am the Truth? *Lay aside the thought*, “I have not yet realized the Truth ... I must go on seeking the Truth.”

Truth is not to be reached. I Am the Truth!

Right now your heart is hearing and echoing these very words, is it not? For instance, Are you flesh or are you Spirit? Are you student or are you Truth? Are you free or are you bound? Are you of birth, age, limitation and death or are you the “I” which is the Life and the Resurrection?

You who read this, you alone must answer YEA or NAY.

Are you to struggle, fear and labour throughout your entire existence or are you *now* the glorious Self which is Omnipotent, Omniscient and Omnipresent? *Who are you, and what is your name and destiny?* Answer thou Me.

Listen! “He that believeth in *Me*, though he were dead, yet shall he live ... He that believeth in *Me*, shall never die” ... “Whosoever cometh to *Me*, I will in no wise cast out.” ... “*He that is not with Me is against Me.*” ... “*Without Me, ye can do nothing.*” Learn of *Me* ... Accept *Me* ... Know no other God but *Me* ... When you see *Me*, you see God ... I am *Me*. Now who is this “Me,” but one’s very Self and Being?

Who then shall be saved? When one sees and accepts his true identity, then the false and unreal shall utterly vanish away. For when one awakens, can his dream continue? *Verily, identified with one’s true Self, all things are possible.*

Therefore attempt no longer to grow into Spirit, emerge or evolve into Truth. No longer continue with the senseless practice of *becoming* or *achieving*. No! I am ONE. I am ALL. What I am now, I have ALWAYS been.

Not through any kind of learning nor unlearning; not through any action nor transaction can one ever become pure, become good, become perfect. I, the Self of all, am free from time and history. I, the Self of all, am free from birth and mortality; free from all necessity to attain, achieve, acquire or become.

For ever and ever, I Am Free, Flawless, Perfect!

Man cannot become the Light of the world. Have *you* not yet reached the time when no man can give to you? Verily, “It is not in man that walketh to direct his path” ... “Every man at his best state is altogether vanity.”

Therefore lay aside thoughts and emotions.

Say, *Nay*, to feelings of grief, jealousy, revenge, loneliness, criticism, worry fear. Take no thought, no feeling, no emotion. Whatever good it is you feel you need, then know, I Am It.

“They shall be all taught of God.” For instance, Truth is not a book, a sermon, philosophy or learning. I am the Truth, and the Truth is I. I am the Truth, and the Truth is I!

Reader, begin right now to say, *Nay*, to all outgrown teachings, pertaining to yourself as student, follower, image, idea, expression, reflection, man.

Begin now to say, “Yea, yea; *Nay*, nay.” Right now take your Self as you eternally are.

Perfection

NONE of us will ever be satisfied with less than Perfection. Perfection alone satisfies.

What and where is Perfection? Perfection is only in that which is *indivisible*. One can find Perfection only when he comes face to face with that which is One, and which is All.

For instance, have you ever taken ideas such as perfect Mind, everlasting Life, or infinite Spirit, and enjoyed their closeness beyond words? You may have received spiritual revelation about them, and for the time lost yourself in their Reality, Beauty and Glory. You may even have been so perfectly satisfied and exalted as to happily exclaim, Mind is all! Life is all! Spirit is all!

Nevertheless, the time came when such satisfaction faded out and left you. Is this not so? Then you looked about again for another new idea, only later to discover the same result — satisfaction and glory for a limited time only.

Just why is this so? Because Perfection is irrevocably identified with *Completeness*, with that which is Self-contained. Finally one must come face to face with that which is *complete in Itself*. Not until then has he found Perfection which satisfies.

For instance, suppose we thought and talked about Spirit, exclusively. Then Spirit would appear all to us, would it not? And if we concerned ourselves particularly with Mind, then Mind would become paramount to us. But neither Spirit nor Mind will completely satisfy anyone because neither is complete; neither is all.

Nothing but that which is All, that which is Self-contained, will be sufficient to satisfy us eternally. Can you see this to be so? Spirit is not all; nor Mind; or perfect Life; nor perfect thought. None of these is Self-complete; hence none can or will give us the Perfection which we crave.

Even Consciousness is not all, for there is also Life, Principle, Truth. It must be, then, that we are to find that which is FIRST; that in finding the First, we shall have found the Self-contained. Then we shall have Perfection.

Now which is first — Consciousness or Life? Which is first — Truth or Principle? Which is first — Spirit or Love? You cannot say, can you? None can say, for none of these is First.

In order to find that which is First, we must find the INFINITE. Only when we have found the Infinite shall we have come to the First. When we have found the Infinite — that which is indivisible and Self-contained — then we shall have found Completeness, Allness, Perfection.

Only the Infinite will ever completely satisfy anyone! When we have found the Infinite, then we can bask; then we can rest.

“Just what and where is the Infinite,” you may be wondering, “so that at last I shall find peace and rest, contentment and satisfaction?” We shall now see.

The Bible has a name for the eternal Infinite. The Bible calls this divine Sovereignty — GOD. We read that GOD is All. GOD is Infinite. GOD is First. There is none besides HIM. Such is the teaching.

Yes, indeed, it is so. Later, in the New Revelation, “The Mighty God, The everlasting Father, The Truth of Being,” came upon this very earth declaring, I AM “I”! I AM THE FIRST! I AM WITHOUT BEGINNING!

Thus the Sovereignty, GOD, of the Old Testament, became known as I AM in the New. I AM the Truth! I AM the Light! I AM the Life!

Now, who can say “I?” Reader, can you? Of course. Can you say this without thinking of *yourself* or identifying yourself with it? When you say “I,” do you not refer to *yourself*? Of course you do. When you say “I Am,” you are identified with your *very* Self and Being.

Thus, “God” who is later seen to be “I AM,” is finally found to be ONE’S VERY SELF ... ONE’S OWN BEING. Only now do we come to That which is Infinite, That which is Self-contained, That which is Perfect, *it is I. It is Oneself.*

Verily, the “I” is Sovereignty. When one finds this to be so, he walks in transparency; he walks in freedom. He has found the Infinite. He has found Completeness. He has found the PERFECTION.

Now he sees that I am Spirit, I am Life, I am Principle. Now he understands that Mind, separate from Me, or considered an entity by itself, will bless, but not satisfy. Love, apart from Me, will never be everlasting nor complete. Nor can Life be found immortal, except as I AM.

One can now learn about Mind, Principle and Spirit in a new way. He now studies them to discover more about *his own Being*. No longer do they seem as subjects outside of him, but *identical* with him ... yea, his very Own.

At last, at last, one comes face to face with *him-Self* as the “I” which is First, which is Sovereignty, which is Self-contained, which is Alone, *which is All.*

The Indivisible One

THERE is no difference between Oneself and I AM. Everyone must at length fall back upon Himself as his genuine and complete Reality.

To abide in the Light, one must love his perfect Selfhood above all else. Above Mind, above thought and body. Above Consciousness, Principle, Truth. Above Spirit, Life. One must love *the Self above all*, because the Self is FIRST and LAST.

Even to dwell upon Truth, for instance, is not to love the Self above all: for one's thought and attention are being placed upon Truth. And if one talks about divine Mind, even though he is sincere, ardent and zealous, still something is lacking, his word is not complete.

Why is this so? *Because there is no Truth separate from the Self.* Thus, to consider Truth to be a subject in and of itself is to be mistaken, not knowing that Truth is one's very Own; and Oneself is the very Truth.

Moreover, to talk about divine Mind, Life, Consciousness, and so on, as though each were complete in itself, is to see in part, but not the whole. Therefore complete satisfaction, complete peace are lacking ... and dimmed.

Over and above all, yet including Mind, Spirit, Truth and Principle, remains the *infinite Selfhood*, which cannot be separated into categories — one Mind, another Principle, another Truth, and so on. Here is one's complete Reality, intact and at hand ... THE INDIVISIBLE ONE AND ALL.

The individuality which is of man shall be lost. *But the individuality which is of the Self shall be preserved forever.* Whether Moses, Jesus, you or any one else says; I am the Truth; only the "I" says it; only the "I" knows, *I Am All.*

I Am here as Moses; I Am here as Jesus; I Am here as Mary, John, and so on, infinitely: for I Am the infinite indivisible One.

To the extent that one ceases to identify himself with man, mind and body, does he perceive and understand Infinite Selfhood to be universally ONE, and individually ALL.

There Is No Other

WHO is Mary? Who is John? Who is James? Who is Martha? Verily, I Am all; all is I. Perfection is all! All is Perfection. The One Selfhood is all; all is the One Selfhood.

Is there any beside Me? Yea, I know not any. There is no other. There is none else.

Therefore, any ignorant Mary, any sick John, and sinful James, any limited Martha, is not present.

Thou shalt consider none but Me. Thou shalt believe in no other. Thou shalt be concerned with no other.

Who is there to be seen besides Me? Let each who reads this, answer for himself. Remember — “*What thou seest, that thou be-est.*”

For instance, if one believes that he sees someone in ignorance, sickness, sin or limitation, who then needs the help — the “other” or oneself? Oneself. So far as anyone is concerned with a problem, he need consider only his own Consciousness.

If there is but one Selfhood, perfect and complete, let one ask himself, Who then is sick? Who then is ignorant? Who then is sinful or in limitation? And what must the answer be? *No one in God’s perfect Selfhood.*

After all, is it not far simpler and much easier to make any necessary corrections in oneself rather than in another? How shall one proceed? First — Take all attention from the form or entity named John or Mary. Next — Enter into communication with your-Self.

Ask your-Self questions and your-Self will answer them. For instance — Just what should I be seeing? The Answer will be — Is there anything or anyone to see but the Real and the True? Then you may say, But what about John or Mary? And the Self will answer — I Am all there is of John. I Am all there is of Mary. There is none but Me.

Ever, one's concern is only with himself — that he function solely as the One, and no other.

The Self is never in ignorance. Never sick. Never sinful. Never in limitation, danger or trouble of any kind. To you, to anyone, there must be no other self, no other name, form or entity, such as a human or personal.

According to the First commandment, *Oneself* must be his complete Reality — “*Thou shalt have no other gods before Me.*” Furthermore, according to the Second commandment, one must see his neighbour to be the selfsame One — “*Thou shalt love thy neighbour as thyself.*”

He shall then think the truth about him — Thou art the Self, the one and only Selfhood. Thou art not man, ignorant, sick, sinful or in lack. There is none but the infinite, indivisible One. Thou art That.

I Am the One whom another seeks when he looks to you. I Am the One whom you seek when you look to another. I Am the I of Moses, the I of Jesus, the I of all true Being. “*Before Abraham was — I AM.*”

O perfect Self! O majestic, all-glorious Self! O adorable, ever dependable Self! I and the Self are one ... ever and always — ONE.

The Supremacy Of The Self

VERILY the glory of the Self is experienced in its *Supremacy*: since the glory of being the Truth is not only in speaking the Words of Truth, but in expressing the power and supremacy thereof.

The Supremacy of the Self is not only to be known and accepted, but also to be enacted and expressed. I, the Lord, do all these things. My Being is my Supremacy; and my Supremacy is my Being. My Being is my Completeness and Fulfilment; and my Completeness and Fulfilment is my Being.

Supremacy is in Me, and in Me alone. Who am *I*? Who is *Me*? You, where you stand, without one plea, without dependence upon personalities, thoughts, words or things. *If you are at all, you are the eternal I, the Supreme Me, the perfect and divine Self.*

Let your supremacy reign. Be supreme! Reign supreme. Praise your wonderful, all-triumphant, all-victorious and majestic Self. Glorify your wondrous Being. Your precious, everlasting Life. Your radiant, irresistible Light. Your mighty and supreme Wisdom, Intelligence and Power. Glorify and praise your pure, luminous Understanding, and its Supremacy thereof.

I, the Self, am the finished Kingdom, the seamless Robe, the One. I Am the Priceless Glory, the Great Answer, the Sufficient Guide. I, the Self, am “God” who is “All.”

I Am the Word made Flesh. I Am the Rose of Sharon, the Lily of the valley, the bright and morning Star. Where I am, there *ye* may be also. What *I am*, *ye* are also.

Changing thoughts or regenerating humans shall never be sufficient to open blind eyes and deaf ears to perceive and hear the liberating ultimatum that *nothing one can do in a false position will ever reinstate him in the Real and True.*

Nothing can or ever will cause illusion to vanish except to function in one's true and absolute state! Here he has no consciousness of incompleteness. He is Light. He is Power. He knows THE SUPREMACY OF THE SELF.

Choose Ye This Day

CONTINUOUSLY the world makes use of all the ways and means under the sun to promote and ensure the health, wealth, peace and happiness of its people.

But alas! As the centuries roll by, *man* changes not. From generation to generation he is subject to the same vicissitudes, the same tribulations, wars and failures ... the same sin, sickness and death.

So long as one remains ignorant of his real Identity, and continues to lay claim to the fabulous and unreal, he must expect just what he is now reaping. What else can come from an assumptive human mind and body but imperfections, incompleteness, frailties and failures continually?

Only as one is *undeceived* does he come into his own. Aware of his true Identity, the false assumptive entity (sometimes called the counterfeit) fades out of consciousness.

The illustration of the lion-cub who, when lost thought he was a lamb, holds good here.

He could think, act and feel as a lamb, but never could he actually be one.

As a *lamb*, he was afraid of dogs, timid of danger and unable to bound over walls, out through the great open spaces and back into his native forest. Yet, all that was necessary that this situation be reversed, was that he become *aware* of his real identity. Then lo, the *lamb* vanishes from belief, the only place it had any appearance at all.

Today, lulled into sleep by the constant incorrect teaching, even by the elect, *that we are man, in need of constant reformation*, the sleep becomes deeper and deeper ... and the senses duller and duller.

Indeed, a world awakening needs to come even as an “*earthquake*,” to shake open the graves where lie the dead in ignorance and delusion.

For instance, comparatively few today are aware that the very Christ whom they proclaim, is none other than their own Selfhood; and that as he renounced all that had to do with flesh, mind and man, so must we all.

Just how can the *immaculate conception* bless and enrich anyone until he incorporates it into his own life as the immaculate concept — *I am the Truth; I am He*.

Truly until one accepts *him-Self* to be the immaculate One, and no other, then like the lion-lamb, he is deluded and deceived, and must suffer the consequences so long as the self-deception lasts.

Could the “lamb” ever perceive its nothingness? No. Neither can “man” today. Therefore an *awakening* must precede. Nor need it be through such terrible suffering as war brings. It can be as lovely as a sunrise or as gentle as the opening of a rosebud.

Be receptive, dear one. Be willing to give up all teaching which pertains to you as man. *Think!* Could *man* ever fulfil the injunctions, “*Be ye perfect*,” and “*Be ye holy?*” Impossible. Therefore give yourself no peace until you have settled the question in yourself, once and for all, whether you are the Perfect One now or an imperfect man.

Common sense, if not spiritual perception, should show you the inconsistency and incorrectness of the present day teaching. For instance, just how can the *crucifixion* be understood until one sees that “Jesus,” challenging all allegiance to flesh and mortality, stood forth as Life Itself — the *I Am in visible Presence*.

Therefore, renounce, crucify and relinquish all doctrine that one can gain mastery, dominion, power and glory in the name of man. *it can never be!* “In My name they shall cast out devils; they shall speak with new tongues” ... “If ye ask anything *in My name*, I will do it.” “In My name” means *identifying the “I” with the I Am, and not with man.*

If this light needs to strike us as lightning from heaven, then let it. Without delay turn from every system, every teaching, practice or method which does not present the Truth of Being — *I Am That I Am!*

The great mistake of the ages is the attempt to regenerate, purify and redeem oneself as *man*. *Husks! Husks!* These two — God and man — are the “two in the field: the one shall be taken, and the other left.” So long as one continues in the belief that he is the *personality*, instead of the *perfect One*, he must continue to search, seek, pray ... and wait.

I Am The Resurrection

JESUS identified himself with nothing in nor of the world. He illustrated and portrayed the way out of exile into Reality; out of falsity into Truth; out of bondage into Freedom and Light. Not seeing *Jesus* in his true light, how impossible for anyone to find *his own* Reality, since Jesus emphatically stated, “*No man cometh to the Father but by Me.*”

“For this cause came I into the world, that I should bear witness to the Truth. Everyone that is of the Truth heareth my voice.”

“What is Truth?” “I — am the Truth.”

Right here, Jesus set aside the law and testimony of Moses, that one is man, the image of God. Had this teaching been correct, certainly Jesus would have followed and taught it, would he not? Yet never did he intimate such a thing for himself or anyone else.

Authoritatively he announced, “*Verily, verily, Moses gave you not that bread from heaven.*” What then is the true bread from heaven? “*I — Am the Bread of Life; he that cometh to — Me — shall never hunger.*”

Who is *I* and who is *Me*? *None but one’s real Identity, his true and only Selfhood.*

When one is willing to cast out into oblivion, dust to dust, the assumed self, mind and body, automatically he enters into *his own resurrection* ... and finds out the Truth of Being.

Let *today* be the RESURRECTION for you, from the old to the New, from the false to the True, and from the Moses-teaching that we are the image of God to the Self-Revelation — *I Am the Resurrection and the Life!*

Our Security

WHERE is our security? Where is our safety? Where is our protection? Indeed, how many ask these questions today!

There is but *one answer to them all*. It is this. Learn just what true prayer *is* — *that it is true identification and Self-Revelation*.

“I prayed, and prayed unceasingly
To ‘The Unknown God’ in the sky;
But only the silence answered me
And gave no heed to my cry.

I pleaded with such earnestness,
And ever wondered why
No message came to comfort me,
Or tell me ‘Who Am I?’

Then one day the Voice spoke clearly,
“I Am God, not man,” It said.
Eagerly my heart responded,
All thought left me, reason fled.
‘*I Am God, not man!*’ I said.”

Here is where one’s safety and protection, one’s security and peace are, and abide — in *his own identity and Reality, and no where else*. The days of any other kind of knowing, any other kind of prayer, are passing away.

Too long already, eyes have been closed to this astonishing Revelation; lulled into accepting some other teaching instead. From this time forth, do not think nor talk about divine Consciousness, Mind, God, Truth, unless you know that you are alluding to **YOURSELF**.

Spiritual practice is simple when it is known aright; indeed, it is native to the Self: but how complicated it becomes when appropriated by *man!* Of course, further and fuller revelation ever comes, and abides. When the heart is honest, earnest, sincere, ready and willing to surrender whatever belongeth not to the Self-Revelation; lo, *I come, I Am here.*

When once one discovers that *I am the Truth* just where I stand, he begins to lay aside all contrary thought and feeling, and places himself beyond the reach of them. For instance, emotions are changes of *feeling*, and never part of true Being. ‘When the truth of this statement is seen and accepted, one will turn from his emotions the same as from his thinking.

Temperaments, dispositions or moods are never to be accepted as real or true. Indeed how often it is of more importance to set aside one’s *feeling* than one thinking. Criticism, regret, condemnation, resentment, disappointment, grief, and all similar feelings have no part in the World of the Self.

There is a state of thinking and feeling which is glorious, whole, pure, sound and absolute. This is Reality, the true substance of Being. *Here is where Peace and Security dwell.* The Self knows naught contrary to peace, harmony, joy and safety. This is the Fact, the absolute, eternal Reality, now and always.

Can the Self, who is *Love, Light and Truth*, enter into warfare or be subject to danger of any sort? Absolutely, No. Then identify whom you will with this Self, and with none other. As this Self, see him *safe, secure, immune.* Know within your-Self that as the One, he is without fear, harm or danger: for how could the Self be in trouble?

Identifying him with the One, you are certain that no evil shall come nigh him ... *he is safe; he is sound; he is secure.*

Identification

WE are predestined and foreordained to know Reality *by being* It, and in no other way; to inspirationally discover that Life is not a problem to be solved, but a Reality to be experienced, here and now.

The one Supreme Being is the Self, Being, Life, Mind, Expression and Existence of everyone that is of God.

Through rejection of other false identification, to make Absolute identification *with* and *as* the *One*, and the One alone, our faith, love, confidence and trust spring from the heart spontaneously, without thought, and triumphantly we enjoy the promised Kingdom-Age; for the veil or covering (false identification) is taken away.

In the realization of and experience in pure Consciousness, which is Life eternal, ineffable and indescribable, we know that the fullness of God is a present Presence.

Love

HOW long the world has sought after true love! Yet true love shall be denied until one is aware of his real Identity, and functions herein.

For a lifetime, nearly all have lived and loved from the basis that one is *man*. However, none can arrive at perfect love from this mistaken viewpoint. Only to the extent that one places his affections upon *Perfect Love* as his only Identity and Being, shall he find true thought, true love and true living.

Every Illumined one has been the Love-Way to himself. Inevitably everyone must be the same. Everyone must so love the Genuine, the Real and the True, that it will be easy and natural to leave the supposititious, the deceptive and unreal.

Therefore, whom shall one love *first* of all, and *more* than all else? *Thou shalt love the Lord, thy Self*: for the Lord is truly one's very One. Without supreme and transcendent love for Oneself, how can one hope to ever entertain such love for his neighbour?

As the perfect One, the pure and perfect Consciousness, one's thoughts are perfect; his desire and his love are perfect also. In fact, *only as the One* shall he ever be able to love perfectly and truly, and in such a way that never can there be any misunderstanding, dissatisfaction, separation or divorce.

Ever declares the Self — only My love is perfect; only My love is complete; only My love fully satisfies; only My love is without interruption, separation or misunderstanding of any kind. *Let no one expect perfect love in any other way.*

How hungry, how weary, how limited all are until they disentangle themselves from humanity, and claim the pure and perfect Consciousness to be theirs by divine right.

Only as the Real and the Perfect are all things possible. Only as the Truth and the Life shall perfect love, perfect happiness and perfect living be known and experienced.

Look not outside the Self for love, happiness or companionship. Nor consider perfect love as something you should seek to obtain in order to have and enjoy. Anything that one seeks, desires or longs for, is based upon the false supposition that he is without it at the present time. This misconception prevents his awareness of it.

Let one learn that he is *Self-complete* and *Self-supplying*. Let him recognize, claim and acknowledge his possessions of love and happiness to be *present, intact and at hand*, knowing that one answer alone will suffice, namely, *Happiness is not in, of or from any God as outside or within, but inheres in one's own identity, as the indivisible, Universal One.*

He who searches in quest of love and happiness, harmony and peace, finds endless searching. In fact, anything one does in the way of thinking, feeling or acting to *become* the Perfect, keeps him in ignorance and darkness.

Do you say that you know the Truth but you cannot prove it or bring it out in your experience? Is experience something other than the Truth? Is the Self one thing and experience another? Let go the belief, "I have not proven; I am not experiencing; I cannot demonstrate," for the knowledge, "I and my experience are one; I Am Self-contained and Self-supplying."

One need not go after anything; neither happiness nor wealth; neither love nor peace. Need one seek for that which he IS? Whatever it is he believes he needs, then let him understand. "I am *It* ... I, the Self, have *all*."

Love is not some mental or spiritual system of thought-taking whereby to produce certain desirable conditions in experience. No. One's world is not separate from him-Self. Perfect and complete good, love, power and satisfaction can never be found anywhere except *in one's own Being*. This therefore explains the statement — *I am the Way*.

Today, many look up, other, out, and still others, within, toward a being called Deity, divine Mind, the Christ. Earnestly they practice worship, right thinking, meditation. Indeed, how much time and effort are spent in such manner, instead of saying with Jesus — *I myself am the Way, the Truth and the Life*.

Verily, the law of beseeching prayer, right thinking, union with Christ, is passed away in the enlightened Understanding that *I Am the Perfect Self, here and now, and always*.

Where is the Love which never faileth to satisfy, to understand, to cherish, and to forever endure? *Certainly not in personalities, human beings nor man*. Love that is perfect, love that is complete, love that is pure and spotless, love that is imperishable and eternal, is none other than the one Selfhood of all.

The only reason why harmony, peace, happiness and every other form of good seem unstable, conditioned, impermanent and insecure, is because they are sought where they can not be found, that is, outside the Self; whereas *Oneself* contains and includes all ... all ... all.

Love is not conditioned by nor contingent upon anyone or anything. Neither is Love some specific form of thinking, living or doing. Love cannot be put on as one would select a new garment; nor is it to be thought of as barter, exchange, bargain, or some commercial enterprise.

Love is the Undefined and Undefilable. Love is Principle, and Principle is Love. Love is Life, and Life is Love. *Verily Love is I! And I Am Love!*

Living Waters

WHEN one says — *I am the Truth*, he should be ready to accept the sacredness of this statement ... and be willing to fulfil the requirements thereof.

As a mere mental declaration of fact, this statement will yield little or no dividends. Indeed, one will find it wisdom not to be a mouthpiece for Me unless he is prepared to live and act in harmony with Me. Let each one who reads this decide within himself just how ready and willing he is to LEAVE ALL AND FOLLOW ME.

Is it not mockery for one to repeat the words, and claim the rights of the Self, while still unwilling to fulfil the requirements thereof? Verily, verily, one's realization of Reality and true Being should come from the depths of the heart, and never be used as mere mental remedy or relief.

How easy for one to say that he has put his mind upon a thing; whereas the Spiritual requisite is that *everything be done from the heart*. To be of any genuine value, spiritual understanding must have its roots deep in the heart: for the heart is the centre from which all inspiration springs.

For instance, unless a book is written from the heart, it has no spiritual foundation nor appeal; thus gives no lasting benefit to anyone. Whereas, written from the heart, it blesses everyone ready to receive it. Ever, heart speaks to heart.

What must be surrendered? Deception, sleep, ignorance, dream. How shall one make such surrender? First of all, give the *heart* over to obtaining Knowledge and Light. Let love and desire for Enlightenment and Truth be supreme in one's affections and aims.

For instance, how futile any attempt to control one's *thoughts* otherwise. Never can anyone successfully fight them, resist them, overcome them, push them away, nor run from them. And why is this? Because by any of these efforts he ignorantly places reality and power in a *mind* which has no existence at all.

Why does wrong thinking or discordant feeling sometimes continue in spite of one's earnest spiritual realization? One must know that such does not exist at all in the God-Self. Such thinking and feeling persists only because the complete identification has not yet been fully made and sustained.

In the interval, or until one functions more fully from the state of awareness, let him learn that discord of any and every kind is *self-deception*; therefore his release is not at all in the control of wrong thought or discordant conditions, as it seems, for these inhere in the deception. *He himself must be set right. He must be undeceived, and have his eyes opened to the facts.*

There is no alternative. Thus it was that Jesus aptly and plainly stated, "*Ye shall know the truth, and the truth shall make you free.*"

One's only true escape and deliverance from distress, discord, sorrow or limitation of any kind, is to seek *Enlightenment, Knowledge, Truth*. It is then he comes face to face with himself as he really is. Enlightened and awakened, he sees things in their true light; deception and ignorance vanish, and the thoughts therein and thereof are blotted out ... Then harmony reigns here and now, and always.

Reality

THE Bible gives the history of *man* — *his* beginning and end. *Man* is made of dust, and to dust shall he return, even as the Bible states. Let this fact be clear and certain to you.

Deliverance from destruction is never promised *man*; in fact, plainly and precisely Christ Jesus foretold the calamities and desolations to befall those who persist in remaining identified with *man*. Yet, even to this day, full deliverance and lasting salvation is offered every one ready and willing to accept peace, security, wholeness and happiness in the Christ-Way — *by understanding oneself to be Divine, and not human; God, and not man.*

Jesus taught *none* of the usual present-day beliefs and ideas relative to one's identity. Thus the great need today that his teaching be correctly interpreted, taught and understood. Only *then* shall Spiritual practice be built upon Reality and Truth. The premise of Christ Jesus is — *I myself am the Truth! I and the Father are one!*

Dearly beloved, God and man can *never* be one. So be released from all such grossly mistaken teaching and belief. When Jesus claimed *oneness*, he was not speaking from the basis of *man*, but of the "I," or perfect Self. Never can one's burning desire to realize his oneness with the Infinite be granted until he ceases to consider himself *man*. Of course "I" and the 'Father' are one; but this "I" is not *man*. Seest thou this? Ever I Am I.

"Whom say ye that 'I' am?" I am the Light; I am the Truth; I am He; I am I, and not man.

The present day teaching that we are man, the image and likeness of God, is based wholly upon the Old Testament. The Gospel of Jesus Christ completely transcends and cancels it. Yet how strange that today the world is still asleep, entirely overlooking and disregarding the vital import of Jesus' Message, revealing our Identity to be the very same as his own.

To be ready to let go ignorance and darkness admits one to Understanding and Light; and to be willing to feast wholly upon the Genuine and Real releases one from the superimposed and unreal. Then, and then only, has one the right to think and declare, *I and the Father are One! I am God, and not man!*

Feeding upon this living Bread from heaven, *Yourself will be Reality to you*, and you will see and believe ... you will hear and understand ... you will know and live. And it will be as though you walked up and down over the face of the whole earth, saying, *I am Come! I am here! — the living Truth!*

The End